#### SYNCHRONOUS CULTURE

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**Definition** 

 A synchronous or synchronized culture is a microbiological culture or a cell culture that contains cells that are all in the same growth stage.

- Since numerous factors influence the cell cycle, some of them are random, normal, non-synchronous cultures have cells in all stages of the cell cycle.
- Obtaining a culture with a unified cell-cycle stage is very useful for biological research.
- Since cells are too small for certain research techniques,
   a synchronous culture can be treated as a single cell
- Synchronous cultures have been extensively used to address questions regarding cell cycle and growth, and the effects of various factors on these.

Obtaining of
Synchronous
Culture By
Changing of
External Factor

- External conditions can be changed, so as to arrest growth of all cells in the culture, and then changed again to resume growth.
- The newly growing cells are now all starting to grow at the same stage, and they are synchronized.
- □ For example, for photosynthetic cells light can be eliminated for several hours and then reintroduced.
- Another method is to eliminate an essential nutrient from the growth medium and later to reintroduce it.

Obtaining of
Synchronous
Culture using
chemical growth
inhibitors

- Cell growth can also be arrested using chemical growth inhibitors.
- After growth has completely stopped for all cells, the inhibitor can be easily removed from the culture and the cells then begin to grow synchronously.
- Nocodazole, for example, is often used in biological research for this purpose.

Obtaining of Synchronous Culture using Cell Physical Properties

- Cells in different growth stages have different physical properties.
- Cells in a culture can thus be physically separated based on their density or size, for instance.
- This can be achieved using centrifugation (for density) or filtration (for size).

Obtaining of Synchronous Culture using Cell Physical Properties

- In the Helmstetter-Cummings technique, a bacterial culture is filtered through a membrane.
- Most bacteria pass through, but some remain bound to the membrane. Fresh medium is then applied to the membrane and the bound bacteria start to grow.
- Newborn bacteria that detach from the membrane are now all at the same stage of growth; they are collected in a flask that now harbors a synchronous culture.

